

# PERSPECTIVE IN ACTION

MOVE MOUNTAINS!

CATHY SHAUGHNESSY HAS BEEN WORKING WITH PEOPLE AS THEY BOOST THEIR PERFORMANCE IN THE WORKPLACE FOR ALMOST 25 YEARS. SHE HAS MANAGED AND COORDINATED CORPORATE LEARNING PROJECTS AND ESTABLISHED AN OUTSTANDING TRACK RECORD OF SUCCESS AS A SOUGHT AFTER EXECUTIVE COACH, SPEAKER, TRAINING CONSULTANT AND LEARNING DESIGN SPECIALIST.

CATHY WAS A FOUNDING PARTNER OF SHAUGHNESSYHOWELL, AN AWARD WINNING TRAINING ORGANIZATION WHICH EARNED AN UNPRECEDENTED 6 NATIONAL GOLD AWARDS FOR EXCELLENCE GIVEN BY THE CANADIAN SOCIETY FOR TRAINING AND DEVELOPMENT DURING HER 19 YEARS WITH THE ORGANIZATION.

BOASTING SUCH LARGE AND LONG-TERM CLIENTS AS CANADA POST CORPORATION, THE BAY, THE SHARED SERVICES BUREAU FOR THE PROVINCE OF ONTARIO AND MANY OTHER PRIVATE AND PUBLIC SECTOR ORGANIZATIONS, SHAUGHNESSYHOWELL CONTINUES TO STAND OUT AS A LEADER IN THE TRAINING AND DEVELOPMENT FIELD.

A DEGREE IN PSYCHOLOGY. A GRADUATE LEVEL CERTIFICATION IN EXECUTIVE COACHING. MORE THAN 20 YEARS IN THE LEARNING INDUSTRY DEVELOPING AND DELIVERING AWARD-WINNING LEARNING PROGRAMS. THAT'S CATHY SHAUGHNESSY. SHE KNOWS WHAT MAKES PEOPLE TICK, WHAT KEEPS THEM UP AT NIGHT, AND HOW TO HELP THEM BE MORE EFFECTIVE ON THE JOB. CATHY'S KEYNOTES COVER THE ESSENTIAL SURVIVAL SKILLS THAT WILL HELP PEOPLE THRIVE IN THE CHAOTIC AND CRAZY, FUN AND FULFILLING, DEMANDING AND REWARDING WORLD OF WORK.

WHEN CLIENTS HIRE CATHY SHAUGHNESSY FOR THEIR EVENTS IT IS BECAUSE THEY ARE LOOKING FOR:

- e OUTSTANDING PLATFORM SKILLS AND ENERGETIC DELIVERY
- e AN **INSPIRING**, THOUGHT PROVOKING MESSAGE THAT GETS TO THE HEART OF WORKPLACE CHALLENGES
- e REAL WORLD **TOOLS** AND **TECHNIQUES** FOR MORE EFFECTIVE PERFORMANCE ON THE JOB
- e A **DYNAMIC** KICK-OFF THAT LINKS WITH THE CONFERENCE THEME

*"OUR PEOPLE JUST LOVE ATTENDING WORKSHOPS DELIVERED BY CATHY SHAUGHNESSY. HER QUICK WIT, FAST PACE AND NATURAL ABILITY TO PROVIDE TOOLS THAT WORK IN THE REAL WORLD ARE A HUGE DRAWING CARD FOR MICROSOFT AUDIENCES."*

PAUL BUTLER, HUMAN RESOURCES MANAGER, MICROSOFT CANADA