



PERSPECTIVE IN ACTION

MOVE MOUNTAINS!

Cathy Shaughnessy has been inspiring people to be the best that they can be at work for over two decades. With irrepressible wit and hard earned know-how Cathy encourages her audiences to stretch their thinking, challenge their assumptions and perform better on the job.

A renowned professional speaker and certified executive coach, Cathy has worked with senior executives at Microsoft, Research in Motion, the Ontario Public Service, and others to earn an impressive track record of success.

Cathy is a winner of three Canadian Society for Training and Development awards and is author of *Cultivating Initiative in our Staff*. Formerly a founding partner of ShaughnessyHowell, an organization specializing in knowledge transfer and a key player in the training and development industry since 1989, Cathy now devotes her time exclusively to executive coaching in her firm Perspective In Action.

Please welcome Cathy Shaughnessy.